SE Washington Aging and Long Term Care and Unity Church of the Valley present . . .

Evolving Compassion in End of Life Care

A Workshop

This reflective workshop has four primary objectives:

- 1. Provide an overview of reflective points for elder care practitioners, support personnel and clergy to pass on to families and keep in mind when assisting with the needs of the dying.
- 2. Help initiate and maintain useful conversations about the prospect and process of dying, addressing fears and affirmative ways to respond and support in the process.
- 3. Introduce the "whisper" format of *Urgent Whispers: Care of the Dying* as a way of tuning into some of the unspoken communication present or permeating an end-of-life scenario.
- 4. Assist families, clergy, and medical / caregiving professionals to model compassion while assisting with personal comfort care and family support at the end of life.

Who should plan to attend?

The workshop is free and open to the public, with a target audience of elder care practitioners, family caregivers and clergy or chaplains who wish to help foster more effective and compassionate verbal and non-verbal communication at the end-of-life bedside.

Text cited for the workshop is *Urgent Whispers: Care of the Dying* A personal reference manual for friends and family assisting a loved one at the end of life by Jerral Sapienza. LLX Press 2002 \$14.95. ISBN 0971710708 (paper) / 0971710759 (spiral). For more information about the author, the book, these and other training materials, please visit the *Urgent Whispers* web site at: http://WWW.LLX.COM / UW /

Admission is free, but RSVP required since seating is limited to 75 participants.

Join Us for the workshop!

Saturday June 12th, 2004

2:00 - 4:00 pm

Unity Church of the Valley

401 South 8th Ave. (corner of S. 8th Ave & Pine St.)

Action Aging & Long Term Southeast Washington To reserve your seat, RSVP to: Kristyan Clouse, Family Caregiver Support Program ALTC Yakima: (509) 469-0500



Urgent Whispers books and training materials will available on-site for purchase and autograph.

Co-Sponsored by SEWALTC and Unity Church of the Valley, Yakima Washington

