Evolving Compassion in End of Life Care

A Two-Hour Workshop with Jerral Sapienza Unity Chaplain, Caregiving Educator and Author

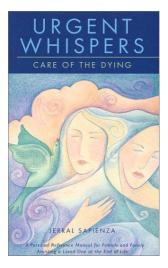
This hands-on discussion, PowerPoint presentation and workshop has four primary objectives:

- 1. Provide an overview of reflective points for students, volunteer and family caregivers, elder care practitioners, support personnel and clergy to keep in mind when considering the needs of the dying.
- 2. Help initiate and maintain useful conversations about the prospect and process of dying, addressing fears and affirmative ways to respond and support in the process. Ideal for beginners and curious learners.
- 3. Introduce the "whisper" format of *Urgent Whispers: Care of the Dying* as a way of tuning into some of the unspoken communication present or permeating an end-of-life scenario and chronicle the process. Useful and uplifting group exercises part of the presentation. Voices from all walks of life welcome and encouraged for the exercises.
- 4. Assist friends, family members, clergy, and medical / caregiving professionals to model compassion while assisting with personal comfort care and family support at the end of life for aging parents and grandparents, AIDS, Alzheimers, ALS, cancer and others.

Who should plan to attend?

The workshop is open to the public, with a target audience of elder care practitioners, high school and college students, volunteer and family caregivers, clergy and chaplains who wish to help foster more effective and compassionate communication in end-of-life support.

Text cited for the workshop is *Urgent Whispers: Care of the Dying* A personal reference manual for friends and family assisting a loved one at the end of life by Jerral Sapienza. LLX Press 2002 \$14.95. ISBN 0971710708 (paper) / 0971710759 (spiral). For more information about the author, the book, these and other training materials, please visit the *Urgent Whispers* web site at: http://WWW.LLX.COM / UW /



November is Family Caregiver Month. Come Learn, Grow, Share.

Join Us for the workshop and discussion.

Thursday November 18th, 2004 6:00 - 8:00 pm

Unity of the Valley

3912 Dillard - Eugene (corner of 39th and Hilyard) \$5 Suggested Donation. No one turned away.



If you have questions: Unity of the Valley: (541) 345-9913 LLX Press: (541) 343-1202

